### John's book!

A mix of business and personal news. John has written a book this year on his life in computing and in business!

He's spent the last year putting it together and it's gone through the last stages of proof reading and is now published on Amazon, you can find it here.

If you have ordered it, a huge thank you and do get in touch to let us know what you think, John would love to hear from you.

It's a mixture of his life, how IT in business has changed and several funny stories and experiences he has come across over the years!

If you have any questions or want to ask him about it, please do get in touch!
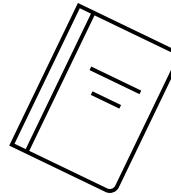
New Customers for 2025

This year has brought along some new customers to JPL who we have had the privilege to train several staff in a variety of packages. Some of our new customers this year have been: McCarthy Environmental, Phat Pasty Co, Hydac and Atlas Hotels as well as many returning customers.

> **"Best part of the course: loved learning more quick and efficient ways to do things and John is entertaining"**
>
> **- Leanne, Hydac**
>
> **"Great delivery – broken down, easy to follow. Best part of the course: shortcuts, QAT, Pivots (most of it). Thanks John, really learned a lot and will be useful in day to day analysis/work!"**
>
> **- Claire, Phat Pasty Co**

Thank you! 😊

Finally, can we take the opportunity to thank you once again for your custom and if you haven't seen us for a while please do get in touch, we'd love to hear from you.
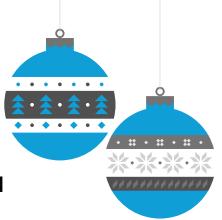
Hint and tip of the newsletter…

We had a query recently on a course whether there is a 'between' symbol you can use in Excel. There technically isn't but you can create a nested formula to act like one. We are going to use the AND function to 'create' this symbol. This is then being nested into the logical part of the IF function.
We are going to use this to test if a number in the cell B1 is between the numbers in cell E1 and E2. If it is, there is a discount worked out, if not a zero is given (in cell E4).
The formula we are going to use is shown here: **=IF(AND(B1>=E1,B1<=E2),B1*E3,E4)**
The parts of the formula are explained below:

- Logical test: AND(B1>=E1,B1<=E2). This function is testing if B1 is greater than or equal to E1 and also if B1 is less than or equal to E2
- Value if true: B1*E3. The outcome if it is true, a percentage calculation to work out the discount
- value if false: E4. The outcome if it is false, nothing/zero
- As the AND function will only return a TRUE if all the arguments in it are true, this formula will only return TRUE if the cell B1 is 'between' the two cells E1 and E2.

We hope you enjoyed this hint and tip and get to try it out in Excel!